



## GREEN CROSS REUSABLE HOT/COLD PACK

- ◆ reusable gel pack which can be chilled for applying cold therapy and remains flexible when frozen
- ◆ can also be heated for applying warmth
- ◆ measures 26cm x 12cm (approx)
- ◆ box contains 14 packs
- ◆ code : IHC005B



## COLD PACK - SMALL OVAL

- ◆ reusable mini gel pack for applying hot or cold therapy (remains flexible when frozen)
- ◆ suitable for perineal swelling and other small areas on the body
- ◆ measures 8cm x 5cm (approx)
- ◆ box contains 240 packs
- ◆ code : IHC001B



## GREEN CROSS INSTANT ICE PACK

- ◆ instant chemically-activated pack for applying cold therapy (ammonium nitrate/water) - requires no refrigeration
- ◆ measures 20cm x 10cm (approx)
- ◆ box contains 8 packs
- ◆ code : IIP005B



## INSTANT ICE PACK - SMALL

- ◆ instant chemically-activated mini pack for applying cold therapy (ammonium nitrate/water) - requires no refrigeration
- ◆ measures 11cm x 8cm (approx)
- ◆ box contains 24 packs
- ◆ code : IIP010